

Seoul Campus Cafeteria Menu

				Thursday (3/1)	Friday (3/2)	
Lunch					Movement Day	
	Monday (3/5) Day F	Tuesday (3/6) Day A	Wednesday (3/7) Day B	Thursday (3/8) Day C	Friday (3/9) Day D	
Lunch	찰쌀밥 미역국 돈육채소볶음 양배추쌈/쌈장 진미채조림 배추김치	현미밥 콩나물맑은국 크림새우 느타리버섯볶음 감자조림 오이소박이	쌀밥 설렁탕/소면사리 계란말이 시금치유부나물 코울슬로 깍두기	보리쌀밥 순두부찌개 토판염비엔나조림 연근찰싹튀김 숙주나물 알타리김치	카레라이스 팥이미소국 닭가슴살샐러드 과일 배추김치	
	Monday (3/12) Day E	Tuesday (3/13) Day F	Wednesday (3/14) Day A	Thursday (3/15)	Friday (3/16)	
Lunch	혼합잡곡밥 된장국 소불고기 김구이 콩나물무침 배추김치	쌀밥 만두국 가자미살엿장조림 상추사과무침 취나물 알타리김치	흑미밥 오징어무국 모듬장조림 잡채 오이달래무침 배추김치	쌀밥 감자양파국 후라이드치킨 두부양념조림 봄동나물 깍두기	잔치국수 양념밥 메밀전병 과일 걸절이김치	
	Monday (3/19) Day B	Tuesday (3/20) Day C	Wednesday (3/21) Day D	Thursday (3/22) Day E	Friday (3/23) Day F	
Lunch	차조밥 육개장 해물우동볶음 애호박나물 파래자반 배추김치	강황찰싹밥 김치찌개 브로콜리코다리구이 메추리알조림 깻잎나물 오이소박이	기장밥 북엇국 보쌈/새우젓 레몬무쌈 어묵채소볶음 보쌈김치	쌀밥 갈비탕 완자전 도토리묵야채무침 미역줄기볶음 석박지	쇠고기채소볶음밥 유부국 떡볶이 김말이튀김 백김치	
	Monday (3/26)	Tuesday (3/27)	Wednesday (3/28)	Thursday (3/29)	Friday (3/30)	
Lunch	Spring Break					

*** 저희 한국외국인학교에서는 쌀: 국내산, 쇠고기:국내산, 돼지고기:국내산, 닭고기:국내산, 배추김치:국내산(고춧가루:국내산)을 사용합니다.

*** 시장의 사정이나 학교사정에 의하여 약간의 식단 변경이 있을 수 있습니다.

Seoul Campus Cafeteria Menu

				Thursday (3/1)	Friday (3/2)	
Lunch					Movement Day	
	Monday (3/5) Day F	Tuesday (3/6) Day A	Wednesday (3/7) Day B	Thursday (3/8) Day C	Friday (3/9) Day D	
Lunch	seaweed soup broiled pork steamed cabbage broiled dried squid kimchi	bean sprout soup fried shrimp in cream sauce broiled mushroom boiled potato cucumber kimchi	seolleongtang egg roll spinach & fried tofu salad coleslaw radish cube kimchi	soft bean curd stew broiled vienna sausage fried lotus root green bean sprout salad young radish kimchi	curry rice mushroom soup chicken salad fruit kimchi	
	Monday (3/12) Day E	Tuesday (3/13) Day F	Wednesday (3/14) Day A	Thursday (3/15)	Friday (3/16)	
Lunch	doenjang stew bulgogi broiled laver bean sprout salad kimchi	dumpling soup boiled fish lettuce salad korean herb salad young radish kimchi	squid soup with radish boiled pork in soy sauce japchae cucumber & wild chive salad kimchi	potato soup fried chicken boiled tofu seasoned cabbage radish cube kimchi	janchi guksu rice ball broiled buckwheat dumpling fruit kimchi	
	Monday (3/19) Day B	Tuesday (3/20) Day C	Wednesday (3/21) Day D	Thursday (3/22) Day E	Friday (3/23) Day F	
Lunch	yukgaejang broiled seafood & noodle broiled green pumpkin broiled laver kimchi	kimchi stew pan- fried fish boiled quail eggs in soy sauce sesame leaves salad cucumber kimchi	walleye pollok soup steamed pork salted radish boiled fish cake kimchi	beef-rib soup pan - fried meat ball acorn-starch jelly salad broiled seaweed stems radish cube kimchi	fried rice beef & vegetables fried tofu soup tteokbokki fried laverroll white kimchi	
	Monday (3/26)	Tuesday (3/27)	Wednesday (3/28)	Thursday (3/29)	Friday (3/30)	
Lunch	Spring Break					

*** This menu is subject to change depending on food item availability

*** Country of Origin (Rice/Beef/Pork/Chicken/Kimchi(Redpepper powder)) : Korea

Seoul Campus Cafeteria **Halal** Menu

				Thursday (3/1)	Friday (3/2)
Lunch	Movement Day				
	Monday (3/5) Day F	Tuesday (3/6) Day A	Wednesday (3/7) Day B	Thursday (3/8) Day C	Friday (3/9) Day D
Lunch	white rice seaweed soup beef bulgogi steamed cabbage broiled dried squid kimchi	white rice bean sprout soup fried shrimp broiled mushroom boiled potato cucumber kimchi	white rice steak grilled seaweed spinach & fried tofu salad coleslaw radish cube kimchi	white rice beef boiled down in soy sauce soft tofu fried lotus root green bean sprout salad young radish kimchi	white rice fish cutlet dried greenlaver salted chicken salad fruit kimchi
	Monday (3/12) Day E	Tuesday (3/13) Day F	Wednesday (3/14) Day A	Thursday (3/15)	Friday (3/16)
Lunch	white rice beef bulgogi tuna salad grilled seaweed bean sprout salad kimchi	white rice dried greenlaver salted boiled fish lettuce salad korean herb salad young radish kimchi	white rice squid soup with radish beef boiled down in soy sauce japchae cucumber & wild chive salad kimchi	white rice corn salad fried chicken boiled tofu seasoned cabbage radish cube kimchi	rice ball janchi guksu vegetable salad broiled buckwheat dumpling fruit kimchi
	Monday (3/19) Day B	Tuesday (3/20) Day C	Wednesday (3/21) Day D	Thursday (3/22) Day E	Friday (3/23) Day F
Lunch	white rice beef bulgogi broiled seafood & noodle broiled green pumpkin broiled laver kimchi	white rice steak pan- fried fish vegetable salad sesame leaves salad cucumber kimchi	white rice walleye pollok soup beef boiled down in soy sauce salted radish boiled fish cake kimchi	white rice salmon cutlet acorn-starch jelly salad broiled seaweed stems soft tofu / juice radish cube kimchi	white rice beef bulgogi tuna salad tteokbokki fried laverroll white kimchi
	Monday (3/26)	Tuesday (3/27)	Wednesday (3/28)	Thursday (3/29)	Friday (3/30)
Lunch	Spring Break				

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*** Beef is being imported from Australia